

Luton on sunday



December 4, 2016
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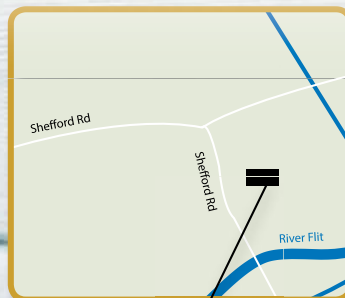


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PAGE 9



PAGE 31

Luton on sunday

**Let's hear it!
Your Luton's
Best Awards
winners revealed**

PAGES 4&5



Sunday, December 4 | Issue number: 1.130 | luton-dunstable.co.uk | FREE

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LUTON, IT'S BEEN AN HONOUR.

AFTER two decades, *Luton on Sunday* tells its last tales today.

For some readers it won't seem so long ago that *LoS* was the new kid on the block — arriving on the scene with tenacious reporters, great scoops and a passion for its patch.

That ethos has remained since.

But with every end of an era comes a new one, and our publisher Trinity Mirror is preparing an array of new niche publications for the town and surrounding areas.

The other good news is that we'll be expanding our sister title *Bedfordshire on Sunday* into the town.

So keep up to date with what we're working on via social media – at facebook.com/LutonOnSunday, and on Twitter @LutonOnSunday.

Turn to page 9 to hear from readers, staff past and present and fans of the paper.

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Here is a simple way of keeping up to date with events 24 hours a day on www.luton-dunstable.co.uk All you have to do to use our QR code is download a QR reader app to your smartphone - there are lots of free ones available online. Then scan the code and our website will load for you.

Winners of the Luton's

People's Choice 2015

Sponsor: Luton on Sunday
 Winner: Laci Rogers - Nine-year-old Laci received a standing ovation after she was revealed as your winner. She has been fundraising since the age of five, including £1,500 for the Children's Rehab Centre and sending 120 shoeboxes overseas for orphans. She is described as a selfless little girl who always puts others first.

HERE in all their glory, are the very worthy winners of the fabulous Luton's Best Awards 2016. You can read all about the winners at luton-dunstable.co.uk

Service with a Smile

Sponsor: Arriva
 Winner: Signposts Volunteers

Keeping Luton Safe

Sponsor: Bedfordshire Fire Service
 Winner: SOS Bus

Young Achiever

Sponsor: Barnfield College
 Winner: Timeon Jarrett

Best Fundraiser

Sponsor: Basepoint
 Winner: Chris Curtis

Adult Achiever

Sponsor: University of Bedfordshire
 Winner: Hannah Fehr

Environmental Achievement

Sponsor: Vauxhall; Winner: Stopsley High School Construction Department

Child of Courage

Sponsor: FCC Environment
 Winner: Katie Andrews

Care in the Community

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Winner: Level Trust

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Winner: Liz Aldous

Outstanding Teacher



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Community Businessperson



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Most Outstanding Citizen 2015



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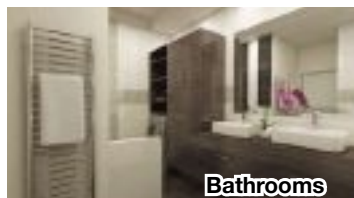
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Legal highs 'may' be behind deaths

BY JAMES AVERILL
editor@londonmedia.co.uk

LEGAL highs may have been behind the mysterious deaths of two men.

Senior coroner Tom Osborne told distraught family members of Paul Newns, 45, and John Morris, 57, that they would 'never know' why the two had died.

They were both found at the home they shared in Putteridge Road on March 17 this year.

The pair both had traces of a synthetic cannabinoid in their system, and it is believed they may have reacted badly to the 'legal high' – with it possibly causing respiratory failure.

But Mr Osborne ruled that it would be inappropriate to 'guess' – and that due to insufficient evidence he would be reaching an open conclusion where the cause of death would remain unascertained.

The coroner told the pair's family: "If I was asked to give

what I thought as a possibility of the death, I think it's probably a reaction to a synthetic drug that has happened to both.

"It cannot be coincidence, but I cannot say for sure. We will never know.

"It is a regret of mine that I cannot give more information to the families."

A family member of Mr Newns told *Luton on Sunday* at the inquest: "They were two of the loveliest guys, who were always around for you. It's a big loss. Drug dealers are the scum of the earth."

The inquest in Ampthill, which was held on Wednesday afternoon, also heard from two GPs who told of the growing number of visitors complaining of the after effects of legal highs.

The synthetic drugs are made up of chemical compounds that are not

illegal under the Misuse of Drugs acts, but produce the same effects as taking cannabis, cocaine or ecstasy.

Although not officially its cause, the deaths of Paul and John are yet another warning of the potential pitfalls of legal highs.

Figures published by the Office for National Statistics in September show 114 deaths registered in 2015 were down to the so-called drugs, up from 82 the year before.

The fatalities are not broken down by region, but the most recent Crime Survey revealed there were 1,069 drug offences in Bedfordshire between March 2015 and March 2016.

Last December, Bedfordshire Police issued a warning to stop people taking the drugs following the death of a Bedford man believed to have been smoking 'Spice' – a synthetic cannabis substitute.

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End of the road

THE new Woodside Link road is expected to be completed next week – and cyclists will be among the first to test it out.

The new road is part of the plans to link Houghton Regis with the new Junction 11a of the M1.

The Woodside Link time trials take place this coming Saturday as part of the celebrations of the opening of the new road.

A number of under-16s are set to race against the clock to mark the end of the major project.

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LUTON TAKEAWAY WINS TOP CURRY AWARD 2016

An Indian takeaway in Luton has won a national award at the Curry Life Awards Stopsley Surma Indian Takeaway is run by chef Akter Miah. His Uncle Suruk who had years of experience as a chef, taught his 27-year-old protégé how to cook best curries.

Akter said: "We're delighted to have won the best takeaway category at the awards. I've been working here for seven years and it means a lot to me as a chef." "It's a team effort and we want to just keep improving."

More than 600 people attended the awards ceremony in central London, which celebrates the contribution of the multi-billions pound curry industry, which includes more than 12,000 restaurants in the UK.

One man who has probably visited and eaten in more Indian restaurants than anyone else is Syed Belal Ahmed, event organiser and editor of Curry Life magazine. "Indian food has improved dramatically during the past 20 years to the extent that we are now seeing Michelin stars being awarded.

"That's a wonderful achievement and we want our chefs to keep raising the bar because the curry made in this country is unique and has developed independently of its birthplace on the Indian subcontinent."

Akter keeps up with his competitors by using his spare time to eat out at restaurants which help further educate his own palate."

Lord Karan Bilimoria, founder and Chairman of Cobra Beer, which helps sponsor the event said he was "in awe of what the chefs do" and applauded them for producing "some of the most exotic food in the world at the cheapest prices". Chief Guest, Rt Hon Priti Patel MP, Secretary of State for International Development said: "The Curry Life Annual Awards ceremony is a great opportunity to celebrate the enormous talent



(l-r) Rt Hon Priti Patel MP, Secretary of State for International Development, Baroness Ruby McGregor-Smith, Winning Chef Akter Miah from Stopsley Surma and Journalist Broadcaster Louise Minchin.

that is on display around the country ... and the success of the Great British Curry!"

Other guests at the event included: Virendra Sharma MP, Paul Scully MP, Wes Streeting MP, Conor Burns MP, Baroness Ruby McGregor-Smith and Worshipful Mayor of Brent, Cllr Parvez Ahmed.

Guests of the Curry Life Awards were treated to some spectacular entertainment in a glittering awards ceremony, hosted by celebrity master chef finalist, journalist and broadcaster Louise Minchin.



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Editor's Letter



No fear, no favour

IT'S a funny thing, editing a newspaper.

It's not a job you can do in partnership with anyone else – some decisions have to be taken alone and sometimes there has to be a final say.

But it is an impossible job to do without a team of exceptionally hardworking people and enthusiastic members of the public around you. And over the last two years I couldn't have asked for better.

From stories which exposed the extent of the town's housing crisis, to shaming criminals, to celebrating the outstanding members of this community – we have always tried to show off the best Luton has to offer while refusing to shy away from its problems.

There are many who would prefer we kept any nastiness out of our pages. But the team here has always been dedicated to its cause without showing (to borrow a great phrase) fear or favour.

I am incredibly proud to have been a part of this brilliant newspaper, representing such a complex and exciting patch. Like any town, Luton has its problems. But it also has a lot to be proud of: its people, for one. They speak out when needs must and shout good news from the rooftops when nobody else will.

They are, undoubtedly, the town's biggest asset and have much to be proud of.

Now if this sounds like goodbye, don't be fooled. I am also the editor of *Bedfordshire on Sunday*, a newspaper which has never shied away from a story which needs telling. You will see a lot more of *BoS* in 2017 and we want to tell your stories. So stay in touch.

Sarah Cox

Stop press! Our fond farewell

IN the years since we were founded, hundreds of people have worked to bring out your Sunday paper – so the fact that this is the last to roll off the press is a sad day for them all.

Steve Lowe, who edited the newspaper from 2011 until 2013, said: "I think the paper's strength was off-diary stories, court stories, getting all the pictures – as well as the investigations. It's a shame as a lot of people now won't know what's going in places like the council offices or the different courts."

This paper has prided itself on tough, but fair, coverage of politics and the decisions made by those in power that affect the daily lives of our readers. So what's it been like to be on the end of that scrutiny?

"It is a key ingredient in the life of a free democracy," says Lib Dem councillor David Franks. "I have enjoyed working with the paper's staff, even when they have sometimes printed critical stories."

"It is always sad to see a newspaper disappear, and *Luton on Sunday* has retained a genuine local focus which will be missed."

Throughout our history we've also focused on the most important part of any town – its people. The paper has also tried to do its bit to support the excellent organisations making a difference, in particular Keech Hospice Care. The amazing staff do so much for local families at the most difficult

GOODBYE FROM US: The *Luton on Sunday* editorial team



"*Luton on Sunday* has retained a genuine local focus which will be missed"
Cllr David Franks

"For many, the *Luton on Sunday* and a cuppa tea went hand-in-hand. We're sad this will be the final edition."
Keech Hospice

of times and last Christmas, our Keech Christmas Stars campaign raised a whopping £10,000 for the cause.

A spokesman for Keech said: "We are sad this will be the final edition of the *Luton on Sunday*."

"Thank you to everyone in the newsroom, from editors, journalists and your advertising team, who have over the years all taken Keech Hospice Care into their hearts and treated patients and their families' stories with such dignity."

"We know that our patients will miss you too, as for many, the *Luton on Sunday* and a cup of tea went hand-in-hand."

Over the years we have also strived to right wrongs and highlight injustices.

"It was always part of our ritual to look forward to reading it and catching up with what was going in our town."
Attiq Malik

Attiq Malik, is a solicitor and leader of Luton 4 Justice, a community group set up to defend the rights of residents.

He said: "It's really sad to hear this is the last edition of *Luton on Sunday*. Having been brought up in Luton it was always part of our Sunday ritual to look forward to reading it and catching up with what had been going on in the town over the last week."

So with that, we say thank you. It has been a privilege to report on your town, and as we face the final curtain – we can certainly say we did it our way!

■ Read more letters to *Luton on Sunday* and comment from our reporters – page 12

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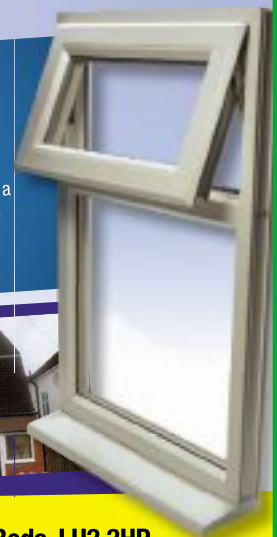
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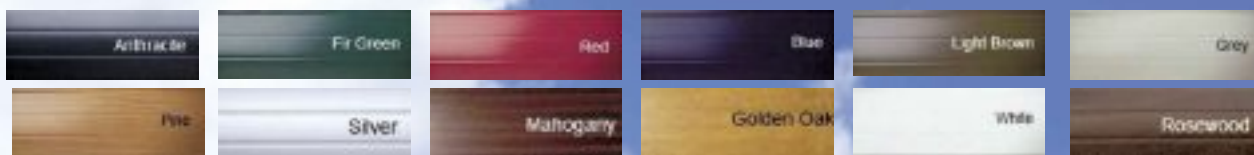
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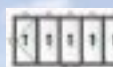
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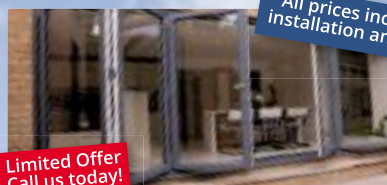
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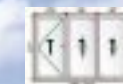
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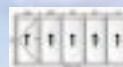
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YourVoice

Luton
on sunday

DOZYPARKERS

Line crossed

THIS offender was spotted in Inkerman Street last week in Luton.

The driver of this Mazda was caught not only parking over a single yellow line but also with a wheel on the pavement.

Thank you to everyone who has sent in pictures of Dozy Parkers over the last year.



Luton
on sunday

READALLOVER



FOR our final 'Read All Over' – our team couldn't help but get a final dose of LoS.

So say hello to our editor Sarah Cox, news editor Katy Hallam, sub-editor Jodie Jarrett, sports editor Matt Wright and roving news hacks Nick Smith and James Averill.

Photographer Keiron Hillhouse is off sunning himself in... Belgium - while fellow snapper Richard Marsham is the man behind the lens.

BLOGGERS OF THE WEEK:

Our LoS reporters



IN the two and a half years working in Luton I've had the pleasure of meeting some great people who really care for the town.

Despite being from just down the road in Bedford, I never really knew much about the town until I started working here.

While, like any town, there are negatives, Luton is a great and rather unique place compared to any nearby towns. There's a real sense of community and togetherness in the town, shown particularly when people are in the face of adversity.

The togetherness at vigils for Leon Briggs, at marches in support of Faruk Ali and counter-protests against the EDL and Britain First when they rear their heads show-case the best the town has to offer, with people from all backgrounds coming together in support of one another and the town itself.

While the town does have a nationwide reputation due to all the far right marches, it should be due to the town's people unifying against them and not due to the groups themselves.

I'm also glad to see that a full revamp of the town centre, including a new football stadium, looks to be going ahead. It's no more than both the town and the club deserve and could do wonders to change the unfair perspective of the town.

Thank you to everyone who wrote in, called in, tweeted and spoke to me over the time I've been working at *Luton on Sunday*.

It's been a pleasure.

Nick Smith



I SHOULD confess that I'm still a relatively new name at *Luton on Sunday*, having only joined back in April.

Since then though it's been a pleasure to get to know both the staff at this great paper, but also the people who read it and who are the focus of our stories.

Like a lot of people from outside the town, I had already made quite a few assumptions about Luton prior to me first covering the area - and like all the others who made such fleeting judgements, I've been proved wrong.

When I think of Luton now I think of its many people, the vast majority of whom have a steely determination to show it in its best light and celebrate its best qualities, and not to dwell on negative headlines that it sometimes attracts.

Of course, highlighting such problems is part of my job - and I do think it's healthy for a local newspaper to cast a critical eye when needed.

I hope we've struck the best balance possible between highlighting the very positive things that happen in the town, but also not being scared to question the people in power about why some things can't be improved.

Luton, like any town, has its problems. What it has over most other towns though is a real determination to improve, and prove people wrong.

So now we've wrapped up the final edition of this paper - which I feel sure will be very much missed - it feels an appropriate time to thank you.

Thank you for ringing me up and for writing in, but thanks most of all for reading.

James Averill

Your Luton Letters

on sunday

Thank you for serving community so diligently

May I express my great sadness that, after two decades, the *Luton on Sunday* will publish its last edition this weekend.

I know it will be a worrying time for your team as they must look for alternative roles; though you and your editorial, management, and advertising staff have much to be proud of.

As someone who has lived in Luton all my life, I remember what a groundbreaking publication it was when it first arrived on the local scene in the 1990s.

It shook up the order with some cracking front pages, a nose for good populist stories, and some old fashioned shoe-leather journalism. The *Luton on Sunday* has continued in that vein.

I have particularly appreciated the resources you have put into covering local politics, and your campaigns on issues that affect ordinary Luton residents.

Although the relationship with local elected figures should never be comfortable, it has (almost) always been courteous!

I feel that local newspapers, committed to holding us all to account, are the bedrock of the local political accountability that keeps our democracy healthy.

The closure of your publication is of course part of a far wider rationalisation in print, as new models force more and more content online.

It says nothing about your team's dedication to the task they have



GOODBYE: MP Gavin Shuker

upheld for more than twenty years.

Thank you to you all for serving our community here in Luton with such diligence.

Gavin Shuker MP
Labour MP for Luton South

Sick to the teeth over problems with dentists

I can understand why people don't go to the dentist.

It's all about making money. If you are rich, you are laughing. I am an NHS patient, for all its worth.

You get treated like a second class

citizen. The private patients come first. I get a text telling me to come in first. I get a text telling me to come in for a checkup.

I make an appointment, and it takes about six weeks, and you can't get an appointment before 4pm. I have to leave work early and lose wages.

On the NHS you only get amalgam fillings, which last about six months.

If you want white fillings, they cost you £75 a go. You have to go private. I know lots of people who never go to the dentist.

Bad teeth can make you ill, putting more strain on the NHS. The whole industry is a disgrace to peoples' health.

John Tucker
Bracklesham Gardens, Luton

LoS has retained a local focus - it will be missed

It is always sad to see a newspaper disappear - printed news and comment free from government interference is a key ingredient in the life of a democracy and to make politicians accountable.

I have enjoyed working with the staff at *Luton on Sunday* even when they have printed critical stories.

I will admit to some regret as our local papers have drifted out of local control, but *Luton on Sunday*, at least, has retained a genuine local focus which will be missed.

My thanks to all staff for the fair and intelligent way they have dealt with the issues and my best wishes for whatever the future holds for them.

Councillor David Franks
Liberal Democrat, Barnfield ward



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LEFT IN A COMA: Henry Huggins, 48, died last year

Henry's death to prompt new trial

TWO men will stand trial for the murder and manslaughter of Henry Huggins on June 5 at Luton Crown Court.

Mr Huggins, 48, died last year after an attack outside his Whipperley Ring home in Luton in 2013 left him in a coma.

Stuart Doherty, 42, formerly of Townsley, Luton, was jailed for causing grievous bodily harm, but now faces a murder charge.

James Early, 42, of Whipperley Ring, Luton, was convicted of causing actual bodily harm but will stand trial for manslaughter.

Man stabbed after row over cigarette

BY JAMES AVERILL
editor@lsmmedia.co.uk

A MAN has received life changing injuries after being stabbed in a dispute over a cigarette.

Last Saturday, at around 9.30pm, the victim was approached by three men in Arundel Road, Luton.

One of the men asked the victim for a smoke, and when he replied that he didn't have one, a row between the two soon escalated and led to an assault.

The offenders fled the scene, but were chased by the victim after he got to his feet.

The pursuit then continued into Newark Road, where the victim was assaulted again and then stabbed.

He remains in hospital and is in a stable condition, but Bedfordshire Police has said that he has sustained 'life-changing' injuries.

Detective Constable James Bateman, who is investigating for the force, said: "The incident took place on a busy evening with large amounts

of traffic in Newark Road. Several vehicles were forced to stop as the incident spilled out onto the road, and we are particularly keen to speak to any motorists who stopped and saw any part of what happened.

"If you were in Newark Road or Arundel Road and you either saw the incident or helped break it up, please get in touch.

"It's vital that we find out who is responsible."

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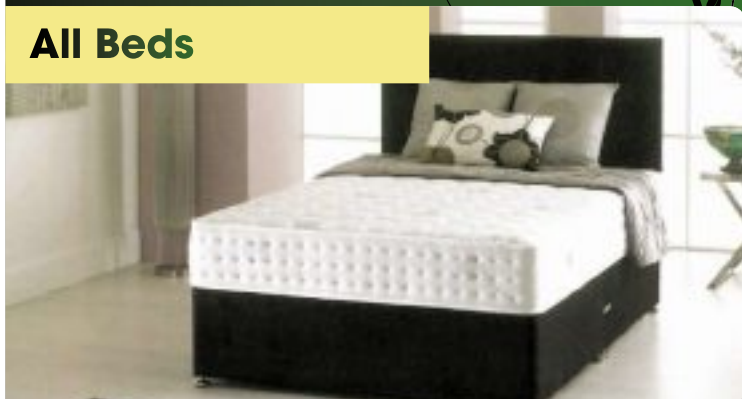
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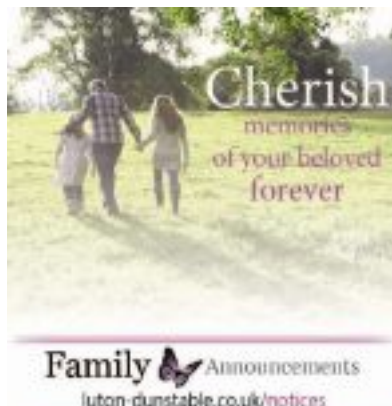
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Nursery schools fearful of future

BY NICK SMITH

nick.smith@lutononsunday.co.uk

COUNCIL-RUN nursery schools in Luton could close if changes to how they are funded go ahead, headteachers from the town are warning.

Six headteachers from Chapel Street, Gill Blowers, Grasmere, Hart Hill, Pastures Way and Rothesay Nurseries have launched a petition to stop the government introducing a new early years national funding formula that would see control taken from local authorities.

Luton Borough Council estimates the plans could see nursery schools in the town face a budget shortfall of around £140,000 each.

Janet Brownjohn, headteacher of Rothesay Nursery School, said the plans would 'leave many families without a place for their children to be educated and cared for whilst they are at work'.

She added: "The nursery school headteachers are very concerned that, unless more funding is allocated, nursery schools may have to close."

"Studies have shown that



FUNDING PETITION: Rothesay Nursery School headteacher Janet Brownjohn is worried

for every £1 spent on nursery school education, £7 is saved in later years, so these cuts will not only have a drastic and negative impact for children and families now, but it would also not make sense financially in the longer term.

"By only guaranteeing to fund settings like Rothesay Nursery School for another two years, means that staff and families face a very uncertain future."

The 38 dees petition has

been signed by more than 1,200 people so far.

The council's portfolio holder for children and young people Mahmood Hussain said more than 1,000 children in Luton rely on nursery schools - including 25 per cent of the town's vulnerable two year olds.

He added: "Our nursery schools need the right funding to continue to meet the standards and regulations set by the government and to deliver a high quality education for our young children."

"They serve over 1,000 children including approximately 25 per cent of our vulnerable two year olds, so these proposals could have a massive impact and could possibly lead to a reduction in the number of nursery schools available in Luton, which would be a huge loss to families and the wider community."

"We are currently awaiting the outcome of the government's consultation before we can determine the full impact of their proposals. If the changes are implemented they will come into force in two years' time."

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Dad runs again in tribute to Astacia

BY NICK SMITH

nick.smith@lutononsunday.co.uk

A MAN is getting ready for his twelfth half marathon in 12 months in memory of his daughter who died as a result of a brain tumour.

Darren Coates, from Luton, will take on his latest race in tribute to Astacia who died four years ago at the age of 11.

Darren and friends Simon Oles and Paul Charge will be on the start line today at the Bedford Harriers half marathon, looking to raise £5,000 in aid of national charity Brain Tumour Research.

Diagnosed with epilepsy at only six months old, Astacia Coates suffered seizures and ill health throughout her short life but the brain tumour causing these problems was repeatedly missed by doctors.

In 2012, following stroke-like symptoms and a seizure, Astacia was finally scanned and the low-grade pilocytic astrocytoma was found.

Sadly, her health did not recover and she died only two days later – just 12 days before Christmas – at Addenbrooke's Hospital in Cambridge.



ONE A MONTH: (l-r) Paul Charge, Darren Coates and Simon Oles get set for their twelfth half marathon, in memory of little Astacia (inset)

Describing his relationship with Astacia, Darren said she was 'a best friend, mini me, we had a special bond'.

He added: "My daughter is one of the terrible statistics because brain tumours kill more children and adults under the age of 40 than any other cancer."

"It is shocking to think that just one per cent of the national spend on cancer research has been allocated to this devastating disease."

"If Astacia's brain tumour could have been found sooner, she might be alive today. She was such a big personality, so loud and full of life, she has left a big hole in our lives."

"I want to do everything I can to remember her life, and raise money for research to help find a cure."

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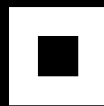


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Meeting offenders

BY JENNA HUTBER
editor@snmedia

VICTIMS of rape and the families of murdered loved ones could confront their attackers under a new scheme being rolled out by Bedfordshire Police.

Restorative Justice (RJ) allows victims of crime to meet their offenders in a controlled environment.

Bedfordshire Police mainly uses RJ for youth offenders but Police and Crime Commissioner Kathryn Holloway 'wants to embrace it in a way that is not typical across police forces'.

The 'norm' sees RJ used for burglaries and less serious offences.

PCC Holloway said: "It gives victims an opportunity to truly have a voice. It makes a massive difference to helping them feel they could draw a line under the incident."

She said a Met Police study has shown for every pound invested in RJ, £10 of savings were made.

Criminologist Sue Brown, from Bedfordshire, told a conference this week how meeting the man who had burgled her daughter's house 'eliminated the fear'.

She and her husband had been staying with her daughter and woke up one morning

PEACE AT LAST: Sue Brown confronted the man who burgled her daughter's home



to find their handbags had been taken.

"You conjure this picture in your head of awful people," she said.

"It puts the fear of God in you. But he was nothing like that at all – if you saw him in the street you would trust him."

"He apologised and I really do wish him well."

Peter Woolf was a career

criminal living in a dustbin 16 years ago when he was offered the chance to meet some of his victims.

Now Peter has a Masters degree and works in prisoner rehabilitation. He had attempted to burgle a house but had been confronted by the homeowner and hospitalised the man in the fight that followed. "I went into the meeting feeling blasé,"

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he said, "I wanted to get through it and go back to my press-ups in prison."

"But this man started telling me about how he felt he had failed to protect his daughter and I just wanted the floor to swallow me up."

"I committed every crime except for sex offences and murder. But after my victims forgave me, I couldn't let them down."



JUSTICE: Sue Brown and Peter Woolf, who changed his life after meeting his victims

'I lied for my husband I lied to my sons I lost everything'

Anne Darwin was married to a controlling adulterer. Often disregarded at home, yet fearing how she would cope if he left, her confidence was zero. Emotional blackmail led her to help her husband take his own death. Then the nightmare began...
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May I thank you very much indeed and wish you and your families, A Merry Christmas and a Happy and Healthy New Year.

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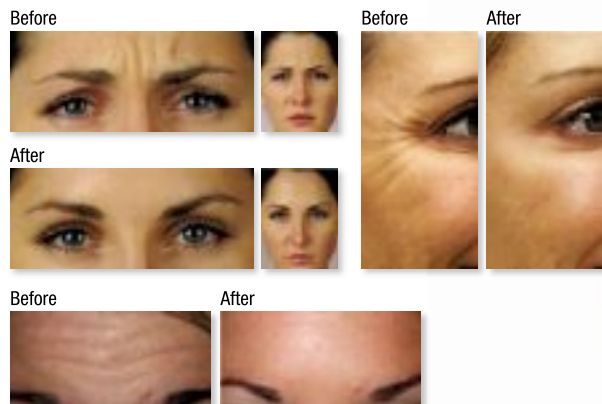
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By Sam Potter

IF YOU suffer from low back pain and sciatica, you are one of over 20 million adults in the UK with this often

crippling spinal condition.

Shooting, stabbing and burning pains from the low back, sometimes with additional pain through the buttocks and down the legs are all symptoms of a pinched nerves often called "sciatica".

In severe cases, it can lead to muscle wasting, numbness and constant tingling down to the tip of the toes. Left untreated, the intense pain can rapidly wear you down and drain the joy out of life.

That is, until now...

Recent advances in the treatment of sciatica and lower back pain have led to the development and huge success of Non-Surgical Re-Constructive Spinal Care.

The excellent results of this treatment have been published in major medical journals. With average success rates as high as 88% some back surgeons recommending their patients try this treatment first before having back surgery.

In Bedfordshire, you can try Non-Surgical Re-constructive Spinal Care at the Atlas Wellness Centre – the office of low back pain and sciatica relief expert Peter Olsson.

Peter and his team of fully trained spinal care specialists have helped over 4,026 patients find relief from their agonising back pain and sciatica.

According to Peter, "We use a combination of ultra-advanced technology, not found elsewhere in Bedfordshire, for precisely diagnosing

Breakthrough relief for back pain and sciatica

the cause of your low back pain and sciatica; and a unique programme for reconstructing the damaged area causing the pain; this means superior long-term results for most people."

Because the treatment is non-surgical, safe and easy, most patients report an almost immediate relief from their pain.

Patient Jeff P. from Cambridge says, "My back pain was unbearable but the worst thing was the searing burning pain I felt in my buttock and leg.

I couldn't work or do anything useful and the drugs my GP prescribed hardly did anything.

My wife insisted I respond to one of these ads, I thought it would be a total waste of time, but I'm so glad she kept on at me.



Katelynn and Rachel, Certified Spinal Therapists lead the diagnostic and clinical team at Atlas

Thank god I called your number, I'm 95% better in just a couple of weeks."

Your invitation for a comprehensive consultation and examination to pinpoint the cause of your low back pain and sciatica...

The spine therapy specialists at Atlas Wellness Centre are making a special effort to help readers find relief from their persistent back and sciatic pain.

All you have to do to receive a thorough diagnostic examination with the most advanced technology in the world and a comprehensive easy to understand report on your state of health is call 01234 340317.

Mention this article (CODE: LOS53SCID5) and Atlas will happily reduce their usual consultation fee of £245 to just £53. But hurry, due to obvious reasons – this is a time limited offer – with only 100 reader consultations available at this exclusively discounted rate.

My advice, don't suffer a moment longer...

Find out if Non-Surgical Re-Constructive Spinal Care can help you, book a consultation with this specialist team now by calling 01234 340317, they are waiting to take your call today.

They actually treat the cause of your health problem, not just your symptoms.

That's why hundreds of grateful

patients tell them "You gave me back my life!"

Over the years, they've treated thousands of patients with back problems and sciatica. The vast majority of them have enjoyed superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

Call them now and get a full and thorough examination to pinpoint the cause of your problem for just £53, the normal cost of such an exam is £245 so you will save £192!

Don't suffer from the pain and immobility any longer. Discover the natural treatment that can eliminate the cause of your problem and give you the safe, lasting relief you deserve.

Call them now on 01234 340317 and cut out or tear off this valuable article now and take it to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your problem – and you'll be on your way to safe, lasting relief! Don't delay your important diagnosis and treatment another moment!

You can even call on the weekend and leave a message on their answer machine to secure your spot as they promise to return all calls; and during the week they are very busy, so if they don't pick up straight away do leave a message.



Back Pain & Sciatica Relief Expert Peter Olsson, says:

"For the past 11 years I've headed up a specialist team devoted to help people find long-term, natural relief for back pain and sciatica. We've never seen anything as effective as Non-Surgical Re-Constructive Spinal Care for people suffering with sciatica or lower back pain."

For obvious reasons they can't help everyone at this reduced price, so please call soon to secure your special opportunity.

Call 01234 340317 NOW and leave a message if it's Friday, the weekend or the line is busy - they promise they will get back to you as soon as they can. So call now on 01234 340317 and quote this special discount code: LOS53SCID5

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Luton
on sunday

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Luton
on sunday

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on the go

Aladdin at The Grove

FOLLOWING a record breaking panto season last year with Cinderella, Those Magic Beans Productions return to Dunstable for a fourth panto season with the spectacular family pantomime, Aladdin!

CBBC star Ed Petrie will play Wishee Washee, Corrie's villain of the decade, Brian Capron, will play Abanazar, and Kieran and Sarah from Britain's Got Talent also join the cast.

Mr Capron, known for playing the infamous Coronation Street baddie Richard Hillman, is back and playing a character as heinous as ever.

Head to the Grove Theatre, Dunstable this December to see Brian luring an unsuspecting Aladdin into his evil plans.

Luton on Sunday caught up with Brian Capron ahead of his role as the villainous Abanazar...

On what he thinks will be the best part of the show, Mr Capron said: "Someone once said that the happiest sound in the world is that of children's laughter.

"And that's the best thing about Panto – of course I like to give them a bit of fright too!

"If I hear the odd gasp or dare I say cry, I know I'm doing my job!"

"This Panto is going to be great because Jamie, the producer, puts real heart into it, with a beautiful set and costumes, live music and a terrific cast. "You and the family will love it!"

The show runs from Thursday until January 2 and tickets are available from £13 and can be purchased by calling the box office on 01582 602080.

You can also reserve your tickets by visiting www.grovetheatre.co.uk.

There are also special captioned and audio-described performances for people who are hard of hearing or sight, details of which can be found on the Grove Theatre website.

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Luton
on sunday

Short Breaks

Cirque du Soleil at the Royal Albert Hall

Departing on 2 February 2017

Since its dawn in 1984, Cirque du Soleil has dazzled audiences around the world with a dramatic mix of circus arts and street entertainment. Now, due to overwhelming demand following their 2016 appearance, they are set to return to the Royal Albert Hall in 2017 with their amazing touring show Amaluna. This dream-like production will transport you to a mysterious island governed by goddesses and guided by the cycles of the moon, where an epic and emotional love story unfolds between Queen Prospera's daughter and a brave young suitor. By joining our short break you will witness the magical scenes, together with aerial acrobatics, hoop diving, dancing, juggling, teeterboard acts and Icarian games, not to mention the fabulous costumes and makeup. So book your place today and get ready for a breathtaking experience.



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Leisure or events news to share? Email
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THEATRE

Dickens' tale is given new twist

GET into the spirit of Christmas with this classic festive tale performed in its natural home - your local library.

This production, created by Librarian Theatre, has re-adapted A Christmas Carol with a quirky twist, re-imagining anti-hero Ebenezer Scrooge as female. The show starts at 2pm in Barton Library. Tickets cost £6 for adults and £3 for children.



A CHRISTMAS CAROL
 BARTON LIBRARY
 THURSDAY

OUT & ABOUT

Reading up on library's history

HOW much do you know about the history of Luton's libraries?

If you haven't read up much on the subject, you can find out everything you need to know about how the town's library service developed from the 1870s to the present day at a talk on Saturday, December 10.

The talk takes place at Luton Central Library from noon to 1pm.

Tickets cost £3 and the talk is advised for over 16s.

For more information, and to book your place, call the library on 01582 547426, or email libraryinfo@lutonculture.com

THE HISTORY OF
 LUTON LIBRARIES
 LUTON CENTRAL
 LIBRARY
 SATURDAY

MUSIC



Back at the Bear

BEDFORDSHIRE band CC Smugglers are coming back to their home county - as they return to perform at The Bear Club once more.

The group are no strangers to the Luton venue, having started off an earlier 2015 tour at the club, after honing their craft on street corners.

They started out as 'guerrilla buskers', hijacking queues waiting to see other artists, or commandeering

underground trains and escalators.

Fast forward to the summer of 2016 and CC Smugglers are selling out venues in their own right, and stealing the headlines at the Cambridge, Cornbury and Glastonbury music festivals.

Proud of their busker origins and made up of a number of talented multi-instrumentalists, they are known for their hard work and relentless

self-promotion ethic, as much as they are for their music.

But it's been enough to get them on to stations such as Bob Harris' Radio 2 show and BBC Radio 6 Music, and they keep attracting new fans wherever they are seen or heard.

Other artists they have gained the approval of include Seasick Steve, Old Crow Medicine Show and Jarvis Cocker, who have each collaborated

with the band after discovering them.

The Bear Club is fully expecting this show to sell out - because all the others have! So make sure you move quickly to secure your ticket for what is sure to be a great night of raw, energetic music on December 17.

They cost £15, and can be brought online at the-bear.club

Doors open for the show at 7pm, with the music starting at 8.30pm.

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Celebrating Ethel

THE Galos Piano Trio with soprano Sarah Gabriel present an evening exploring the music of British composer Dame Ethel Smyth.

It will be a fascinating portrait of a musical pioneer and suffragette, with music from Clara Schumann and Greig completing the programme.

Making up the trio are violinist Felicity Broome-Skelton, cellist Heidi Parsons and pianist James Longford.

Felicity has worked as a period instrument specialist and has worked with the Hanover Band, Academy of Ancient Music and the Feinstein Ensemble; as a modern musician she has played for Les Misérables and toured with Jeff Wayne's War of the Worlds as well as many other groups performing repertoire from opera to pop.

Heidi has recently performed at the Purcell Room, the Royal Festival Hall, and live on BBC Radio 3.

Heidi made her solo debut at the Cheltenham Festival in 2008 with a performance of Steve Reich's Cello Counterpoint.

James works as a pianist, organist, répétiteur and continuo player, and in music theatre and education.

In 2001, with Lindy Tennent-Brown, he established the longfordbrown piano duo.

They were placed in the top nine piano duos in the world at the 2008 Dranoff International Two Piano Competition in Miami, and hold an



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envious reputation for innovative programming and thrilling performances.

And soprano Sarah sings music spanning 300 years.

She made her acclaimed USA debut as Lucy Lockit in Britten The Beggar's Opera conducted by Lorin Maazel, and her European debut as Eliza Doolittle in

Robert Carsen's production of My Fair Lady at Théâtre du Châtelet, Paris (opposite Alex Jennings).

For her performance, she received rave reviews from French newspaper La Monde for both her acting and singing performances.

Tickets for adults are £16, including seniors. Tickets for registered students,

unemployed or disabled people are £10.

Under-18s in full time education get in for free.

You can book your seats by calling the box office on 01582 878100 or you can pay on the door.

Parking is available in the adjacent Mall car park which is now open until

What's hot in Luton



FULL of Yuletide cheer, Elf is a family comedy starring Will Ferrell as Buddy, a human raised by elves, who is determined to find his father while bringing some much-needed Christmas spirit to New York. Directed by Jon Favreau and also starring Zooey Deschanel, James Caan and Bob Newhart, it's quickly established itself as a classic Christmas film and will be screened at the Hat Factory on Saturday. Tickets are £6.



THE simple delights of Christmas can be found at Stockwood Discovery Centre - whether it's meeting Santa and his elves, or decorating a gingerbread man, the festivities at Stockwood run from December 10-23. Head to lutonculture.com for more details. The kids will love it.



Join resident MC Jake Pickford for an evening of open-mic comedy from the nation's up and coming talent at this month's Comedy Bar at The Hat Factory in Luton on December 16. The line-up includes Jack Barry, Fred Ferenczi and Paul Simpson. Tickets for the show are £5.

COFFEE TIME

PATHWORDS

Starting from the central shaded letter, move one letter at a time (up, down, right or left, but not diagonally) to find 17 wind instruments.

C A O L A B U T O O D
 O R C O C O R N E R I
 T I C I O N E B T E G
 E N A P H P G A D I D
 P M U R P I P E N K A
 A O B T O S R S R O Z
 C I O E X A E E R H O
 O N A B E T C D F H O
 M R S E T U O R R C W
 H A S N F L C E E N H
 N O O I R A L L T S I

TRANSFORMER

Add the given letter or letters to the first word to make a new word.

----- + S
 = --- S ---

Clue: Complete agreement comes from an association.

TRAIN OF THOUGHT

What word links the following?

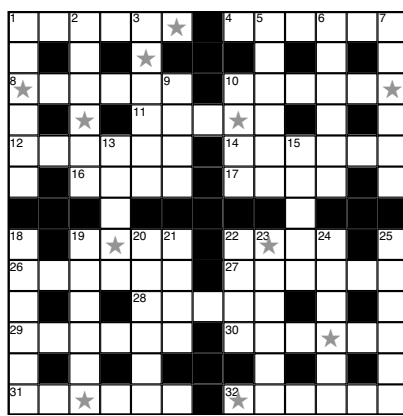
- R -----
 1. to lower in rank;
 2. to reduce, dishonour;
 3. to deprive of office;
 4. to decompose.

FIVE ALIVE

Here are two miniature five-square crosswords using the same grid - but the letters have been mixed up. You have to work out which letters belong to which crossword.

SB	OI	RN	DE	NS
CA		AI		AO
RS	IM	SE	EL	LR
KU		CT		TA
SB	ET	AE	CA	HD

STARSPOT CROSSWORD



Can you find the celebrity name hidden in this crossword? The letters in the starred squares will make an anagram of the name.

CLUES ACROSS

- Thin paper (6)
- Wears away (6)
- Hollowness, pretence (6)
- Forge (6)
- Cowboy show (5)
- Move unsteadily (6)
- Tauten (anag.) (6)
- Uncommon (4)
- Rip (4)
- Reluctant (4)
- Entreaty (4)
- Mountain range (6)
- Pilot (6)
- Stadium (5)
- Mean (6)
- Rudder handle (6)
- Oesophagus (6)
- Water boiler (6)

CLUES DOWN

- Pacific island (6)
- Boil slowly (6)
- Moneylender (6)
- Distant (6)
- Circuitous way (6)
- Fashions (6)
- Clotted blood (4)
- Chair (4)
- Small drum (5)
- Diminish gradually (5)
- Requesting (6)
- Pulse (6)
- Hypnotic state (6)
- Difficult (4)
- Gasp (4)
- Act as go-between (6)
- Charm, talisman (6)
- False (6)

SUDOKU

Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

8		2	7					5
4	9				2	1		
					9	1		7
			8			6	4	5
	3		2		7		8	
7			1	6	4			2
			7				3	9
	8	9	3			5		
3		5	9					

SOLUTIONS

STARSPOT CROSSWORD:
 Across: 1. Tissue; 4. Entreaty; 6. Oesophagus; 8. Water boiler; 10. Pilot; 12. Mountain range; 14. Tauten (anag.); 16. Uncommon; 18. Rip; 20. Reluctant; 22. Entreaty; 24. Mountain range; 26. Pilot; 28. Stadium; 30. Mean; 32. Rudder handle.
 Down: 1. Pacific island; 2. Boil slowly; 3. Moneylender; 4. Distant; 5. Circuitous way; 6. Fashions; 7. Clotted blood; 8. Chair; 9. Small drum; 10. Diminish gradually; 11. Requesting; 12. Pulse; 13. Hypnotic state; 14. Difficult; 15. Gasp; 16. Act as go-between; 17. Charm, talisman; 18. False.

TRANSFORMER:
 Union + S = Unison.
 Down: 1. Tissue; 4. Entreaty; 6. Oesophagus; 8. Water boiler; 10. Pilot; 12. Mountain range; 14. Tauten (anag.); 16. Uncommon; 18. Rip; 20. Reluctant; 22. Entreaty; 24. Mountain range; 26. Pilot; 28. Stadium; 30. Mean; 32. Rudder handle.

TRAIN OF THOUGHT:
 Down: 1. Tissue; 4. Entreaty; 6. Oesophagus; 8. Water boiler; 10. Pilot; 12. Mountain range; 14. Tauten (anag.); 16. Uncommon; 18. Rip; 20. Reluctant; 22. Entreaty; 24. Mountain range; 26. Pilot; 28. Stadium; 30. Mean; 32. Rudder handle.

FIVE ALIVE:
 Down: 1. Tissue; 4. Entreaty; 6. Oesophagus; 8. Water boiler; 10. Pilot; 12. Mountain range; 14. Tauten (anag.); 16. Uncommon; 18. Rip; 20. Reluctant; 22. Entreaty; 24. Mountain range; 26. Pilot; 28. Stadium; 30. Mean; 32. Rudder handle.

STARSPOT CROSSWORD:
 Across: 1. Tissue; 4. Entreaty; 6. Oesophagus; 8. Water boiler; 10. Pilot; 12. Mountain range; 14. Tauten (anag.); 16. Uncommon; 18. Rip; 20. Reluctant; 22. Entreaty; 24. Mountain range; 26. Pilot; 28. Stadium; 30. Mean; 32. Rudder handle.
 Down: 1. Pacific island; 2. Boil slowly; 3. Moneylender; 4. Distant; 5. Circuitous way; 6. Fashions; 7. Clotted blood; 8. Chair; 9. Small drum; 10. Diminish gradually; 11. Requesting; 12. Pulse; 13. Hypnotic state; 14. Difficult; 15. Gasp; 16. Act as go-between; 17. Charm, talisman; 18. False.

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Spacious home has planning approval

Cowridge Crescent
£240,000-£250,000
Penrose Estate Agents: 01582 280818

THIS is a brilliant chance to purchase this spacious three bedroom family home situated in the popular St Anne's development.

Situated at the end of the terrace the property boasts good side access leading to a rear garden in excess of 90ft with a brick built detached storage shed and landscaped play area.

Internally the property offers a spacious lounge/diner, fully fitted kitchen which leads through into a utility area, three well proportioned bedrooms and a refitted family bathroom.

With off road parking, new front and back doors as well as recently installed double glazing this property is one not to be missed.

The owner has also recently had a planning application passed for further development of the property (call the agent for further details).



PROPERTY

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PROPERTY TALK



>with NIGEL LEWIS

Jamie's previously pukka property

DO you remember how Jamie Oliver launched his career as the Naked Chef while cooking at home?

The first few series were filmed in his own kitchen and ever since his homes have been as much discussed as his cookery books.

One thing his homes have always featured since he married his wife Jules in 2000 is plenty of bedrooms. The couple recently announced that they had given birth to their fifth child called River Rocket, and at the same time moved into an eight-bedroom £10m super-mansion in North London.

But before he and Jules starting producing children in such large numbers, their property requirement were more modest.

Back in the mid-noughties he needed just four bedrooms and lived in a house within the heart of Hampstead Village, also in North London, before selling up in 2011 for £2.25m.



The property is now for sale – this time for £3.25 million – and although it's been extensively remodelled since Jamie lived there, it still has his White Aga cooker in the kitchen.

As well as three bedrooms within the upper floors, the property has a utility room and spare bedroom on the lower ground floor and a lounge, conservatory and the kitchen on

the ground floor.

The house became famous after Jamie complained that boozers in the pub opposite, The Holly Bush, would often ring his front door bell after a few libations too many including one of the pub's more famous patrons, Liam Gallagher.

■ **More information from Benham & Reeves on 0208 435 9822.**

Ideal for an Englishman with a mad dog

TODAY'S superstars usually have plenty of talent but Noel Coward was on a different plane and during his careers was a successful actor, playwright, pianist, singer/ songwriter, dancer, author and cabaret artist.

He wrote over 35 plays including Hay Fever and Private Lives and more than 300 songs such as Don't Let's Be Beastly to the Germans and Mad Dogs and Englishmen. He also appeared in 18 films including In Which We Serve and Brief Encounter.

But it's Noel Cowards wit and style that are still remembered the most today, 26 years after his death including his love of a good quip and wearing a DJ at almost all hours of the day and night.

Coward is also still adored by an army of musical, movie and comedy fans including Julian Clary who recently went as far as to buy a former home of his in Kent.

And in 2006 Coward received the ultimate honour from



theatreland when the New Theatre in London's West End was renamed Noel Coward Theatre.

But there are other, lesser-known pieces of Coward memorabilia to be found. This includes a bell called Noel at a church in Charlestown, Cornwall.

It was named after him following a donation by him to a restoration fund during the 1970s.

His aunt Laura Bulteel used to live in nearby Pond House in

Charleston and the young Coward holidayed there several times, writing in his autobiography that "the spell of its beauty was a strong as ever and I was very happy".

And the spell endures today. The recently refurbished, five-bedroom Georgian house is currently for sale at £1.25m and comes with a separate guest cottage, gardens and equestrian facilities.

■ **More information from Humberts Truro, 01872 278288 or www.humberts.com**

Luxurious as an ocean liner

Oceanic House near Trafalgar Square in central London once had a very famous owner.

It was the purpose-built offices of the White Star Line and in its heyday would have been familiar to the thousands of passengers who flocked to its ticket office to purchase a passage to America.

It was, if you like, the Heathrow of its day but instead of 747s passengers boarded famous liners such as the Olympic and Titanic.

Sadly, the latter became world famous when on 15th April 1912 she sank claiming the lives of over 1,500 people.

When news of the tragedy made it back to the UK the headlines prompted disbelief at first, as the White Star Company's chairman Bruce Ismay had declared at a meeting within Oceanic House that Titanic was 'unsinkable'.

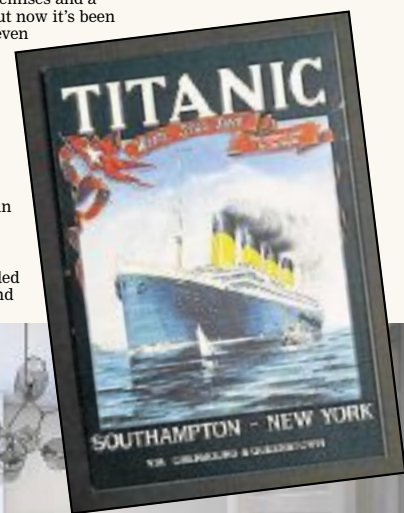
A famous photograph taken outside the building shows young newspaper seller Ned Parfett with a newsstand proclaiming "Titanic disaster – great loss of life" while surrounded by incredulous readers.

After the White Star Line moved out in 1929 Oceanic House had several uses including as offices for Barclays bank, MoD premises and a restaurant. But now it's been turned into seven luxury apartments after a two-year refit which includes both shops and apartments.

As well as an upgrade to its façade, the building has been remodelled throughout and

includes two three-bedroom and four two-bedroom apartments plus a four-bedroom duplex penthouse.

But you'll need titanic wealth to buy them Prices start at £5.265 million, but agent Beauchamp Estates (020 7499 722) reckons the flats are a "unique, once-in-a-lifetime opportunity to purchase a piece of iconic British history".



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How to sell your home in 2017

Making a move in 2017? One estate agent shares his top tips for a stress-free move.



As another New Year dawns, many turn their mind to thinking about a new home. It is important to set the plans in motion now so that you are ready to make the jump as soon as the festivities are over. That includes getting your existing home spruced up and ready for viewers, preparing a wish list for your new home, checking out the new area and sorting out the finances.

But one of the most important aspects is finding the right estate agent to do the all-important bits for you, helping you find your new ideal home, and steering you in the right direction to help you through the whole process.

Ed Harrison, director of Deakin-White, an award winning estate agents covering the Luton and Dunstable area, said: "It is also important to get your existing home professionally valued so that you know exactly what your budget is.

"Whatever the reason for moving it's important that you

choose a property that is right for your needs, whether it's your next family home or you want to buy as an investment and an income generator buying to let out."

A recent report found that Luton was the top place to buy to let in 2016 with a 10 per cent increase in rents, according to LandInvest's quarterly report.

Buying in Luton and near-by Dunstable is also proving popular with those working in London. The area is within commuting distance yet residents get the best of both worlds, enjoying city benefits but living in a more rural location. Property, while a good investment, is also more affordable with a good-sized family home within easier reach for the average family.

A three-bedroom period semi can be bought in Luton for £250,000, an ideal family home yet a similar-sized property could easily cost two, three or four times as much in Wembley.

House prices in the UK have continued to rise,

increasing by an average of five per cent on the previous year, according to a survey by Halifax, and lower mortgages and shortage of supply will support prices, even in a period of uncertainty.

Ed added: "It makes sense to buy outside London. The Bedfordshire area, especially Luton and Dunstable, is an ideal choice. There's excellent transport links to London and local employment opportunities. The property market is buoyant and it's a great area to raise a family.

"Whether it's your first step onto the property ladder or you're climbing up the ladder, you should certainly consider this area to see what it has to offer," Ed added. "If you are looking for a property to buy to let, we can also help, finding tenants for you.

"Whatever your reason for looking for a new start for the new year, you want more space, or a better quality of life, act now and arrange a free valuation to set the wheels in motion so you can be on the move in the new year."

Commuting to London is easy with a short train journey of less than half an hour from Luton to London and good connections between Dunstable and Luton.

For more information about buying or selling in Luton or Dunstable, contact Deakin-White at The Incuba, 1 Brewers Hill Road, Dunstable, Bedfordshire, LU6 1AA; tel 01582 343 548, email Sales@Deakin-White.co.uk, visit the website <http://www.deakin-white.co.uk/>, follow on Facebook https://www.facebook.com/DeakinSales?_rd=1 or Twitter @DeakinSales.



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- Upgraded and modernized



Stopsley

£330,000

- Three Bedrooms
- Detached Bungalow
- Spacious Accommodation
- En Suite To Master Bedroom
- Secluded Garden
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- Good Transport Links
- Must Be Viewed



Putteridge

£225,000

- Two double bedrooms
- Driveway & Garage
- Impressive rear garden
- Modern Kitchen and Bathroom
- Putteridge
- Ideal first time purchase
- Well presented throughout
- Viewing a must!



Old Bedford Road Area

£240,000

- Beautifully presented throughout
- Refitted Kitchen and Bathroom
- Three good sized bedrooms
- Two reception rooms
- Garage
- Close proximity to Luton mainline station



Warden Hills

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- Secluded cul de sac position
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- Fully refurbished throughout
- Close to station
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- Downstairs cloakroom
- Newly fitted Kitchen and Bathroom
- Off road parking
- St Anne's
- Close to town centre



South Luton

£250,000

- Three Bedrooms
- Two Reception Rooms
- Ideal Investment
- Chain Free
- South Luton
- Close To M1 Junction 10
- Close To University
- Walk To Town



Stopsley

£160,000

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- Allocated parking
- Large private rear garden
- 17ft Living room
- Double bedroom
- Sought after location

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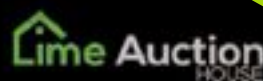
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To Let



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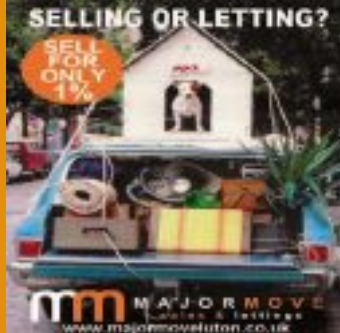
To Let



IDEAL FOR COMMUTERS

TENBY DRIVE £850 pcm

2 Bed rental property in a sought after location. It consists of a family bathroom, kitchen/diner and spacious living room. Rear garden. Close to Leagrave train station and 1 mile from junction 11 and L & D Hospital. The property has recently refurbished. Gas central heated with separate electric and gas meter. Double glazing and laminated flooring downstairs and carpeted in bedrooms. No Pets or DSS.



COMMERCIAL OPPORTUNITY



UPPER GEORGE STREET, LUTON £200 P/W

A5 Licensed Food premises for both eating-in and takeaway. This on-going concern business is for sale due to owner retiring. The business is fully functional, well equipped and in good condition. Clean with seating areas and tables and has 2 Rest-rooms. In the basement there are 2 cellars equipped with 3 freezers and other storage facilities.

COMMERCIAL OPPORTUNITY



HIGH TOWN ROAD, LUTON £60,000

Major Move is proud to market this vibrant and thriving business located in an ideal location. Situated on an established High street adjoining the train station, near the university and on the outskirts of town centre. Complimentary business is frequent and high footfall and passing trade all contributes significantly to the revenue. The business is well known and established with a solid customer base.

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CLYDESDALE ROAD £235,000

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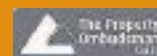
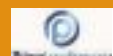
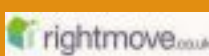
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QUILTER CLOSE £185,000

Ideal for commuters, first time buyers or investors. Major Move is delighted to market this 2 bedroom flat situated in a sought after area of Limbury. The flat benefits from gas central heating, double glazing throughout, a lounge/diner, 2 bedrooms, and a well fitted kitchen and bathroom.

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Eden & the Lost Gardens of Heligan

A fabulous horticultural treat!

Departing 19 May & 8 September 2017

Combine visits to the ever-changing Eden Project with the wonderful Lost Gardens of Heligan.

Our price includes

- Entrance to the Lost Gardens of Heligan
- Eden Project admission
- Scenic coach journeys through Dartmoor National Park and over Bodmin Moor
- A visit to Wells
- Three nights' half-board hotel accommodation in the Torquay area, including entertainment on one evening
- Coach travel from the local area
- Escorted by a friendly tour manager



4
days from
£259.00
per person

The Best of the Dutch Bulbfields

The world's most beautiful spring garden

Departing 6 April 2017

The breathtaking colour and floral magic of the world famous Keukenhof Gardens, a full day in the lively Dutch capital Amsterdam, with its canals and cobblestones, and a visit to the beautiful Belgian city of Bruges, the delightful 'Venice of the North', are the highlights of this wonderful break.

Highlights & inclusions

- Entrance to Keukenhof Gardens
- A visit to Amsterdam
- A visit to picturesque Bruges
- Three nights' three-star standard bed and continental breakfast hotel accommodation within 60 minutes by coach from Keukenhof
- Return coach travel and Channel crossings
- Escorted by a friendly tour manager



3
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£199.00
per person

Steam in the Cotswolds

England's loveliest countryside

Departing 12 May & 1 September 2017

Combine the romance and nostalgia of the Golden Age of Steam as you journey on the Gloucestershire Warwickshire Railway, with a tour of the gently rolling hills and honey-coloured stone villages of the Cotswolds on this great value weekend break.

Highlights & inclusions

- Journey on the Gloucestershire Warwickshire Railway from Toddington to Cheltenham
- Visits to Bourton-on-the-Water and Chipping Campden
- Scenic drive through the Cotswolds
- Two nights half-board hotel accommodation in the West Midlands area
- Coach travel from the local area
- Escorted by a friendly tour manager



2
days from
£189.00
per person

Strictly Come Dancing Live! 2017

At the O2 Arena, London

Departing 11 February 2017

Join celebrities, dancers and judges from the TV series in Strictly Come Dancing Live! 2017 at the iconic O2 Arena, London and judge for yourself who is the best dancer!

Our price includes

- One night's bed and continental breakfast accommodation based on a twin room with private facilities at a good quality hotel in the London area
- A lower tier seated ticket (value £45.00) for Strictly Come Dancing Live! at The O2 Arena, London
- Return coach transfers between your hotel and the concert venue
- A visit to Central London on Day Two
- Return coach travel between your selected pick-up point and the London area.
- The services of a tour manager



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£239.00
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Portmeirion & Welsh Mountain Steam

Departing 5 May, 30 June & 6 October 2017

Explore the amazing Italianate village of Portmeirion and enjoy two memorable railway journeys, which take you 'coast to coast' from Llandudno through Snowdonia to Porthmadog, including a journey on the famous Ffestiniog Railway. There's also the chance to journey on the recently restored Welsh Highland Railway.

Our price includes

- Return coach travel
- Three nights' dinner, bed and English breakfast accommodation at the Westminster Hotel, Rhyl
- Entrance to Portmeirion
- Single journeys on the Conwy Valley and Ffestiniog Railways
- The services of a tour manager



4
days from
£255.00
per person

Lindisfarne & The Alnwick Garden

Explore the beautiful kingdom of Northumbria!

Departing 23 June & 29 September 2017

Visit the magical Alnwick Garden, one of the most talked about and remarkable garden transformations of recent times, and Holy Island, or Lindisfarne, cradle of English Christianity, on this wonderful weekend. You'll also enjoy a tour of Northumbria's beautiful heritage coastline.

Highlights & inclusions

- Entrance to The Alnwick Garden
- Tour of Northumbria's heritage coastline and visit to Lindisfarne
- Visit to York
- Three nights' dinner, bed and English breakfast accommodation at the Holiday Inn in Washington (or similar)
- Coach travel from the local area
- Escorted by a friendly tour manager

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☐ Steam in the Cotswolds
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☐ Portmeirion & Welsh Mountain

Steam
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Luton Council Jobs

LEAGRAVE PRIMARY SCHOOL
Strangers Way, Luton LU4 9ND



PA to Headteacher & Senior Leadership Team

£18,817 - £20,712 p.a.

Vacancy I.D: 105889

37 hours per week, term-time, plus 5 training days

This is a key post which requires a highly efficient approach to all tasks. The postholder will provide a comprehensive and confidential admin support service to the Headteacher and Senior Leadership Team.

As the first point of contact for the Headteacher the successful candidate will have excellent customer care skills, the ability to prioritise and be flexible with their workload to ensure deadlines are met and a professional manner which inspires confidence. Excellent typing & IT skills are essential, as is the ability to work alone and as part of the admin support team.

For further details and an application form please telephone school on 01582 571951 or email admin@leagrapeprimary.co.uk or download from the school website.

Please note, the school will be closed 17th December 2016 to 3rd January 2017, so applicants are encouraged to visit the school website for an application pack www.leagrapeprimary.co.uk

Closing Date: 4th January 2017, Midday
Interview Date: w/c 16th January 2017

CVs will not be accepted for any posts based in schools.

Luton Borough Council is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Disclosure & Barring Service (DBS).



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FINANCE ASSISTANT

BASED AT SERVICE
HEADQUARTERS, KEMPSTON
20 hours per week
£9.09 per hour / £9,484 per annum starting

This vacancy within our busy Finance Section involves inputting data onto the computer system, processing invoices, claims, ensuring credit control and preparing third party payments. The role involves working a mix of both 0900-1300 and 1300-1700 shifts on weekdays with the mix to be agreed with the successful candidate.

You must have GCSE Grade C or above in Maths and English or equivalent, experience of processing accounts payable and receivable invoices, working in a finance office and of using Microsoft Office software or similar. It is essential that you have the ability to work effectively to deadlines and manage a number of tasks simultaneously.

Full details for this vacancy may be obtained online from www.bedsfire.com. If you do not have Internet access please contact HR on 01234 845025 for details.

Completed application forms must be returned by 12 noon on 22/12/16. It is anticipated that interviews will be held during week commencing 09/01/2017.

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Luton Council Jobs

Facilities Assistant – Town Hall

£15,823 - £16,772 p.a.

Vacancy ID: 105909

Permanent, Full time, 37 hours per week

As a Facilities Assistant you will provide and maintain a customer focused Facilities service to the central offices and depot by carrying out such duties as caretaking, emergency cleaning, portering, courier, out of hours reception and security services and to a high standard which supports the day-to-day work of staff and visitors and in accordance with Council Policies.

This post is 37 hours working on a rota pattern either 6.00am – 2.00 pm or 2pm – 10pm.

Closing Date: 12 December 2016

London Road Resource Centre provides a range of short breaks for children and young people 0-18 years with additional needs. London Road supports families who are experiencing difficulties or challenges and who are assessed as needing support. Our ethos and values are based on the premise that we will provide a high quality, safe service, that is free from discrimination, with staff who are caring, experienced and appropriately trained to offer both residential and non-residential short breaks. You should be able to work as part of a team building caring relationships- being sensitive to the needs and aspirations of others, being fair and supportive. Have a positive approach which encourages co-operation and trust. Able to cope with physical and verbal challenges whilst maintaining own emotions and composure under stress.

We have the following vacancies within our team:

Short Breaks Worker

£19,238 - £21,057 p.a. pro rata

Vacancy ID: 105912

Permanent, Part Time, 24 hours per week

As a Short Breaks worker you will work with young people across all aspects of the service and within the community when required, including clubs, outreach, day care, and the residential component. You will help create and maintain a supportive, secure atmosphere where children and young people can achieve maximum independence, freedom and choice, you will give complete personal care (physical, social, health and emotional) and manage young people with complex needs. As a keyworker to a number of young people you will undertake assessments, care planning, compile reports and attend relevant meetings, you will take the lead on shift on a rota basis and provide support and supervision to others as required.

Short Breaks Worker

£17,169 - £18,560 p.a. pro rata

Vacancy ID: 105906

Permanent, Part Time, 20 hours per week

You will work with young people across all aspects of the service and within the community when required, including clubs, outreach, day care, and the residential component.

You will help create and maintain a supportive, secure atmosphere where children and young people can achieve maximum independence,

freedom and choice, you will give complete personal care (physical, social, health and emotional) and manage young people with complex needs. Where applicable, contribute to assessing children and young people's needs and be able to contribute to care planning.

Short Breaks Casual Worker

£15,823 - £16,772 p.a. pro rata

Vacancy ID: 105905

Casual

As a member of the short breaks services, you will give complete personal care (physical, social, health and emotional) and manage children & young people with complex needs. You will help create and maintain a supportive atmosphere where young people can achieve maximum independence, freedom and choice.

Short Breaks Care Assistant (nights)

£15,823 - £16,772 p.a. pro rata

Vacancy ID: 105908

Permanent, Part Time

18.5 hours per month (2 nights a month)

As a night worker you will give complete personal care (physical, social, health and emotional) according to individual needs of the children and young people as assessed, be able to contribute to care planning and manage young people with complex needs.

Domestic Assistant

£14,771 - £15,507 p.a. pro rata

Vacancy ID: 105904

Permanent, Part Time, 18 hours per week

In this role you will undertake a variety of cleaning duties within the home and office area, ensuring that the home is clean, safe and meets the standards required.

Handy Person

£7.65 - £8.03 per hour plus supplement to bring pay in line

with the Living Wage which is currently £8.25 per hour

Permanent

Vacancy ID: 105907

Part Time, 10 hours per week

As Handy Person you will undertake a variety of repair/maintenance & domestic tasks to ensure the Home complies with Health and Safety regulations, including the maintenance of all outside areas including sweeping up leaves, keeping grounds tidy and safe, cleaning snow from drives and footpaths, salting as required.

Closing Date: 12 December 2016

Luton Council is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Disclosure & Barring Service (DBS).

To apply for these roles, visit www.luton.gov.uk/jobs

Apply now online at www.luton.gov.uk/jobs if you experience problems applying online, please call (01582) 546621 during office hours.

Please quote appropriate reference number.

Luton Borough Council is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment.

Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Disclosure & Barring Service (DBS).



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Luton Council Jobs

MAIDENHALL PRIMARY SCHOOL

Newark Road, Luton LU4 8LD



Year Leader x4

MPR/UPR plus TLR2 (£2,640)

Vacancy ID: 105897

Full time

Maidenhall is a large, vibrant and welcoming primary school situated in the diverse, multicultural town of Luton. Ofsted in March 2015 graded the school as 'Good' and said 'Pupils have very positive attitudes to learning. They want to do well and enthusiastically ask and answer questions.' The school will be undergoing an expansion over the next year which opens up lots of new opportunities. We have vacancies for Year Leaders in KS1 and KS2.

So, are you ready for a new, exciting opportunity?

We are ready and we are seeking to appoint practitioners who:

- love a challenge
- are inspirational and have the ability to lead and mentor others
- are experienced and effective classroom practitioners
- are self-motivated, organised and committed to ensuring the pupils get the very best learning experience
- display outstanding potential for leadership and are able to make a significant impact on all aspects of school life
- can communicate well with pupils, parents and staff.

We can offer you:

- an opportunity to make a difference
- children who are motivated and enjoy school
- a school where all team members are valued.

Visits to the school are welcome. Please contact Maria McCafferty,

Finance & HR Assistant, to make an appointment.

For further information and an application pack, please visit our website:

<http://maidenhallprimary.co.uk/category/vacancies>

Closing Date: 6th January 2017, 12 Noon

Interview Date: 20th or 23rd January 2017

SURREY STREET PRIMARY SCHOOL

Cutenhoe Community Learning Park

Cutenhoe Road, Luton LU1 3NJ



Clerical Assistant x2

£8,984-£9,523 p.a.

Vacancy ID: 105893

25 hours per week, term time only

Maternity Fixed Term only until February 2018

Surrey Street Primary is a popular and expanding primary school near the centre of Luton.

We wish to recruit two efficient, calm and responsible part-time clerical assistants with good interpersonal skills to join our busy team of dedicated and caring office staff. The hours are as follows: 8am - 1pm and 12pm - 5pm. Experience of working in a school environment is desirable.

We are a friendly school that:

- celebrates the diversity of our community
- values our warm, caring atmosphere
- learns together
- believes in our pupils
- supports our staff.

We are looking for:

- proven skills in an administration role
- excellent customer care skills
- excellent ICT skills
- ability to work flexibly and use own initiative
- good command of written and spoken English
- competent Numeracy skills.

Informal contact and visits to the school are warmly welcomed. Please contact the Headteacher's PA, Miss Trish Cook, to arrange an appointment on 01582 748813 or email: pa@surreystreetprimary.net

Please visit our website www.surreystreetprimary.com to download an application form or email pa@surreystreetprimary.net

Closing Date: 9th December 2016

Interview Date: 15th December 2016

CVs will not be accepted for any posts based in schools.

Luton Borough Council is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment. Applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Disclosure & Barring Service (DBS).



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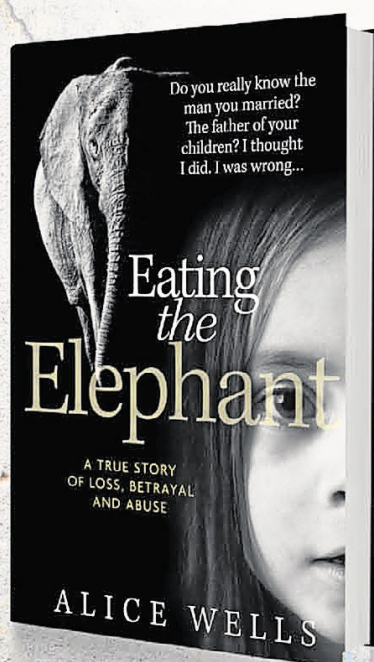
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THE BOROUGH OF LUTON (STREET PARKING PLACES) (CONSOLIDATION) (AMENDMENT NO.48) ORDER 2016 THE BOROUGH OF LUTON (PROHIBITION AND RESTRICTION OF WAITING AND LOADING) (CONSOLIDATION) (AMENDMENT NO.81) ORDER 2016

NOTICE is hereby given that on 28th November 2016 Luton Borough Council, the Highway Authority for the said Borough, made the above Orders under the relevant provisions of the Road Traffic Regulation Act 1984 (as amended).

The Orders make experimental restrictions permanent and come into operation on 19th December 2016.

The effect of the Orders is to make permanent the following:

1. Residents parking schemes identified by signage only

- Alexandra Avenue (Residents Zone AL), Byfield Close (Residents Zone P), Charlwood Road (Residents Zone P) Hayhurst Road (Residents Zone P) and Winkfield Close (Residents Zone P).

2. Residents parking schemes qualifying addresses

- Qualifying addresses for Residents Zone AL permits – No's 1,2,3,5,7,11 Alexandra Avenue.
- Qualifying addresses for Residents Zone P permits – the whole of Byfield Close, Charlwood Road, Hayhurst Road and Winkfield Close.

3. No Waiting at any time restrictions

- Hewlett Road both sides from its junction with Marsh Road for a distance of 27 metres.
- Alexandra Ave both sides from its junction with New Bedford Road for a distance of 10 metres.
- New Bedford Road either side of its junction with Alexandra Ave for a distance of 10 metres.
- Byfield Close, Charlwood Road, Winkfield Close – 10 metres at junctions in line with Highway code

4. Taxi only parking bay on Kimpton Road

- South side (adjacent to Hamptons Hotel) from a point approximately 10 metres east of the Hotel access road to a point 10 metres west of the traffic island.

Copies of the Orders and reasons for making the experimental orders permanent may be inspected at the Town Hall, Luton. Please telephone Highway Services on 01582 546783 to arrange for an appointment to view.

Any person wishing to question the validity of the Orders or of any provision contained in them on the grounds that they are not within the powers contained in the above Act or any requirement of that Act or any regulation made under it has not been complied with in relation to the Orders, may, within six weeks of the date on which the Orders were made, apply to the High Court for this purpose.

4th December 2016Highway Services Manager
Town Hall Luton LU1 2BQ

Luton Borough Council

THE BOROUGH OF LUTON (VARIOUS ROADS) (TEMPORARY ROAD CLOSURES)(NO:6)ORDER 2016

NOTICE is hereby given that Luton Borough Council, the Highway Authority for the said Borough, on the 28th November 2016 made the above Order under the relevant provisions of the Road Traffic Regulation Act 1984 as amended.

The Order will come into operation at 1.00pm on 11th December 2016, and will cease operation at 3pm on 11th December 2016 or when the proposed procession has finished, whichever is the earlier. Specific times will be signed locally. The Order will therefore be in operation when signs are displayed.

The effect of the Order will allow the Council to close to traffic the roads and lengths of road in the schedule below. The Order is intended to create a window for the procession to take place and it is anticipated that the procession will take place on the date and times described as above.

The purpose of the Order is to facilitate the safe passage of highway users partaking in the procession to celebrate Milad-un-Nabi Festival in commemoration of the birth of the Holy Prophet Muhammed.

Access will be maintained as best as possible to properties where this may be done safely and diversions for traffic will be marked by signs.

4th December 2016Highway Services Manager
Town Hall, Luton, LU1 2BQ

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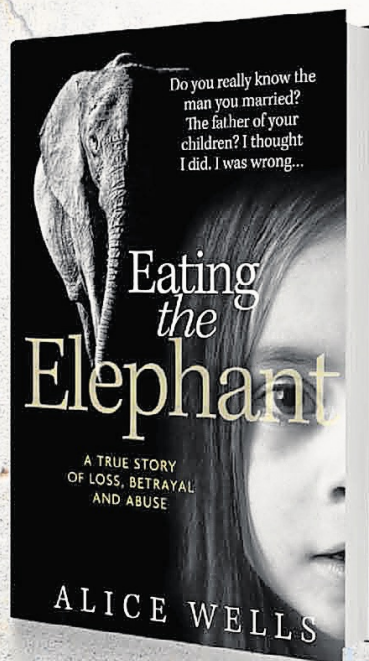
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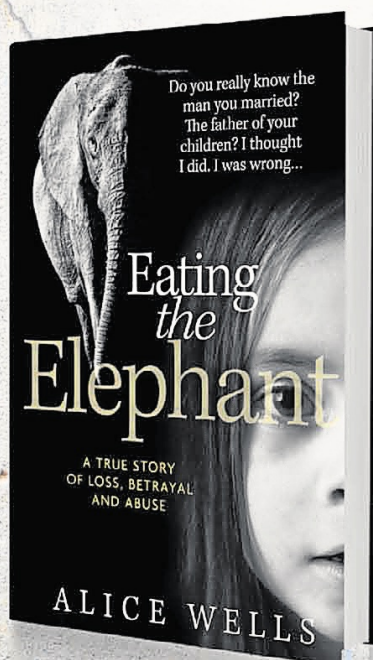
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Meet the new Citroen C4 Cactus Flair PureTech 110 - on page 57

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Phone use in cars on the rise

By: Stewart Smith



WE'VE all seen the idiots clutching mobiles to their ears while driving and the problem is getting worse according to the latest safety survey by the Institute of Advanced Motorists.

It says that more than 86 per cent of UK motorists think distraction caused by mobile phones has increased in the past three years and believe the dangers of mobile phones and technology are bigger threats than any other factor on the roads.

The results of the survey, which asked about the potential

problems faced by motorists now compared to three years ago identified worsening congestion as the second biggest problem according to 81 per cent 2,000 drivers questioned in the IAM RoadSmart report.

Also revealed was the fact that nearly three quarters believed aggressive driving had worsened over the same period and more than 60 per cent reporting the same for drug-driving.

IAM RoadSmart's Safety Culture Survey was produced for the first time last year. It looks at UK

motorists' safety attitudes and behaviour and has just been updated for 2016.

Some 94 per cent of those questioned saw drivers checking or updating social media as a threat to their personal safety, while 93 per cent said that was the case for drivers text messaging or e-mailing, and for 91 per cent it was the case for drivers talking on mobile phones. This was higher than the perceived threat from drink and drug driving.

Not surprisingly, those surveyed thought the problems were

caused by others, and not them with 91 per cent saying they had never used the internet whilst driving in the past 30 days, 88 per cent had not sent a text or email whilst driving, 82 per cent had not read a text message or email whilst driving and 79 per cent had not talked on a mobile phone.

There was also huge approval for stricter measures to prevent and reduce drivers using mobile technology in cars.

Sarah Sillars, IAM RoadSmart chief executive officer, said: "The worries and concerns of Britain's 32 million drivers should be listened to. Whilst we can all take more responsibility for our actions it is clear that distraction and congestion are the two biggest bug bears for drivers today."

"New road building and smart motorways will help with congestion but our survey has shown that UK motorists have real concerns about the way mobile phone technology could be a threat to their safety. More than 90 per cent say checking social media, texting and talking on mobile phones whilst driving scares them – these are figures that cannot be ignored."

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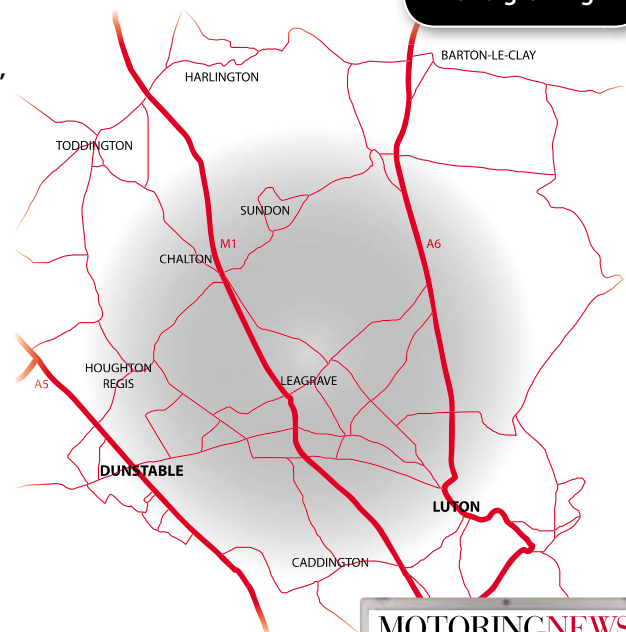
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Citroen C4 Cactus Flair PureTech 110

By: Mike Torpey

PEARL white chocolate may sound as much like a new line of ice cream by Ben & Jerry's as the colour of a car from Citroen.

Appetising too – just picture yourself plunging a spoon into those swirls of gooey brown liquid spiralling their way to the top of the tub.

In the case of the C4 Cactus, minus the prickles, the same colour scheme is a bit more about the packaging than the contents.

In fact it's just about the only thing I don't really like about the Cactus and to be fair, criticism only applies to the cabin.

The car's exterior – pearl white with a chocolate Airbump – looks on the attractive side of okay, while the interior appears more like a throwback to an Eastern bloc model from the 1970s.

If you're curious about the Airbump, well it's an oblong strip across the sides of the car and the bumpers, basically to protect the Cactus from knocks and scrapes.

It's made from a thermoplastic polyurethane skin called TPU containing air bubbles to absorb any impacts and is available in colours like black, grey, Dune and chocolate, which can be matched with the Citroen's 10 body colours.

Whether it makes the C4 more attractive is down to personal taste, but it's certainly different and one of several features that make the Cactus such a stand-out version of the compact hatchback.

Though sharing the same wheelbase as the standard C4, the Cactus is actually 200kg lighter and is a product of the French brand's New World New Ideas philosophy.

The upshot is more space for the driver and passengers, in a relaxing, clutter-free cabin with a low dashboard and digital screen.

There's also 'Airbag In Roof' technology whereby the passenger airbag is transferred to the roof and deployed over the windscreen.

As for comfort, the wide front seats are designed in the style of a sofa while rear legroom is similar to that of the C4.

Other touches include luggage style door handles with leather straps, a storage compartment on top of the dashboard and an optional (£425) large panoramic sunroof.

And driving aids include useful stuff like Smart Wash – washer nozzles are built into the tips of the wipers and release just a small amount of fluid – Park Assist, a reversing camera, Hill Start Assist and cornering lights.

Power comes via PureTech petrol and BlueHDi diesel engines with Stop & Start, the tested 1.2-litre petrol version offering a fair blend of performance and economy.

The Cactus isn't the most exhilarating car to drive, but a pleasant one nonetheless – with positive feedback from the steering, fair ride quality given its light weight and satisfactory cornering.

Its CO2 emissions are low at 107g/km and in real-world conditions you should be able to eke an average 53 miles per gallon – not too far short of the official 60.1 – out of the car in everyday driving.

What's certain is that the Cactus is a car in a niche of its own, a real eye-catcher that stands out from the crowd.

FAST FACTS

Citroen C4 Cactus Flair PureTech 110

Price: £18,090

Mechanical: 110bhp, 1,199cc, 3cyl petrol engine driving front wheels via 5-speed manual gearbox

Max speed: 117mph

0-62mph: 9.3 seconds

Combined mpg: 60.1

Insurance group: 16

CO2 emissions: 107g/km

BiK rating: 18%

Warranty: 3yrs/60,000 miles

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LONDON MOTOR SHOW RETURNS FOR 2017 BY: STEWART SMITH



THE resurrected London Motor Show has been hailed a great success and is now set to return to Battersea Park in 2017. Next year's event, from May 4 to 7, is set to be even bigger and better with more cars, more celebrities and more fun family entertainment.

At the 2017 show, there will be over 150 brand new cars from major manufacturers and dealerships, including Tesla, Aston Martin, Fiat, Hyundai, Nissan and Zenos.

Visitors will have the chance to get up close and personal with these recently launched cars. In addition, a selection of iconic historic vehicles will also be on display, showcasing the heritage of some of the world's best-loved marques.

Showgoers will also get the chance to learn about the latest technology through exhibits from companies showcasing developments related to safety, electric vehicles, fuel alternatives and even driverless cars.

The London Motor Show has a range of exciting features and activities suitable for all ages. From virtual reality racing and the chance to meet motoring legends, to immersive simulator driving experiences, there is something for everyone.

And it doesn't end when the show closes. The evenings will see private previews and dinners taking place, supporting motoring charities including the Sean Edwards Foundation, which promotes motorsports safety, and RoadSafe.

Alec Mumford, chairman of The London Motor Show, said: "The inaugural show exceeded our expectations. With sell-out crowds over the weekend, close to 100 test drives arranged and numerous key models sold, it was a success for both ourselves as organisers and our exhibitors."

The show held in May 2016 attracted more than 25,000 visitors, with tickets sold out on Saturday and Sunday and information from the show reached a national and international audience.

PEUGEOT PRICES NEW 3008

BY: STEWART SMITH

THE all-new Peugeot 3008 SUV will cost from £21,795 when it goes on sale next month ahead of deliveries in the New Year.

First models will be in showrooms from January 28 and the 17 model line up will top out from £32,995 for high specification GT versions.

The UK range starts with a "level 2" specification vehicle so that every model will feature the latest Peugeot i-Cockpit which includes a digital instrument panel, a compact steering wheel and an eight-inch touch-screen.

Compared to the outgoing model the newcomer offers more equipment at entry level and is also significantly larger.

The range starts with the Active specification model that includes automatic emergency braking systems, adaptive driver and front passenger airbags, driver and front passenger side, front and rear curtain airbags, dynamic stability control and electronic anti-skid system, driver attention alert system, Isofix child seat fittings in the front passenger and outer rear seats, programmable cruise control and speed limiter.

As a consequence the new 3008 has a 5-star EuroNCAP safety award and insurance ratings from 11E.



There is a choice of four trim levels – Active, Allure, GT Line and the top-of-the-range GT – and a variety of petrol and diesel engines with CO2 emissions from 103g/km.

Petrol engine outputs are 130bhp and 165bhp with CO2 emissions of 117 to 129g/km, with the 1.2-litre PureTech three-cylinder turbo engine and the 1.6 THP. The PureTech 130 is available in six-speed manual or EAT6 automatic transmission while the 165bhp is mated to the six-speed EAT6 automatic and available only in GT Line trim priced from £27,895.

Four diesel engines with Peugeot's BlueHDi technology will be offered with emissions between 103 and 124g/km and power outputs of 100, 120, 150 and 180bhp. Diesel prices start from £22,845 and top out with the 180bhp version in the GT.

RENAULT TWINGO GT READY TO ROLL BY: STEWART SMITH



RENAULT has announced pricing and UK specification for the new Twingo GT, the sporty version of the little French motor that was unveiled at this year's Goodwood Festival of Speed.

At the same time a revised version of the Dynamique S model also goes on sale from the start of December.

Developed by Renault Sport, the GT, which costs £13,755, comes with a rear-engine layout which maximises interior space and aids manoeuvring as the turning arc of the front wheels is not restricted by the engine.

Under the bonnet of the GT is an 898cc Renault TCe engine – the most powerful in the Twingo range – and Renault Sport's engine designers tuned it to produce 110bhp and 170Nm of

torque with a modified turbocharger, uprated fuel pump, revised engine mapping and a specially-designed, freer-flowing twin silencer exhaust which have contributed to the significant increase in power and torque.

As far as performance goes, the GT can hit cover 0-62mph in just 9.6 seconds and pick-up is amongst the best in class with 50-75mph taking less than nine seconds.

Renault Sport has also tuned the Twingo GT's chassis with stiffer shock absorbers, a larger diameter anti-roll bar and a ride height that is 20mm lower than the normal Twingo. Introduced alongside the GT is the new Twingo Dynamique S which replaces the previous version and has exterior and interior improvements. It is priced from £12,205.

As with the GT, the Dynamique S is available with new Renault i.d blaze orange metallic paint as well as a lunar grey, diamond black or crystal white body finish. A Sport decal and 16-inch Sport diamond-cut alloys complete the exterior.

Inside, the Dynamique S has features including aluminium pedals, sport part-leather upholstery, grey interior touch pack, sport gear lever knob and orange interior personalisation.

Dynamique S customers can also specify the GT's body kit, extra tinted rear windows, automatic lights and front wipers, fog lights with cornering function and rear parking sensors amongst the available options.

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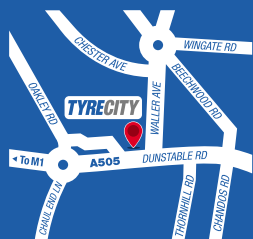
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MCLAREN LAUNCHES DESIGNER SPECIALS

BY: CHRIS RUSSON

AN extra personal touch is about to be delivered by McLaren which is adding customised editions to its 570S range.

Five design editions of the model have been drawn up by the British supercar brand's style team to embellish the £143,000 two seat coupe.

Each edition finish comprises the McLaren designers' choice on exterior paint, wheel style and finish, exhaust style, and calliper colour – along with what the designers have decided is the company's existing interior package that most complements the exterior. The design treatment, which adds £8,500 to the price, is an extension of the By McLaren personalisation theme already available on its models.

Design Edition 1, for example, combines a Vermillion Red body with five-spoke wheels and diamond-cut finish, Stealth exhaust and red brake callipers while the interior features a By McLaren package of Carbon Black Alcantara and Apex Red Nappa leather seats, Jet Black Nappa leather upper fascia, Apex Red Nappa leather lower fascia, Slate Grey contrasting stitching, a dual colour coordinated steering wheel and a McLaren branded leather sill finisher.

Previously such items could only be specified separately although customers will still be able to add other extras to their cars.

As well as Vermillion Red the other body colours of the five 570S Design Editions are Onyx Black, Storm Grey, Ventura Orange, and Silica White.

McLaren says the first deliveries of the special models will be made during 2017.



SOMETHING SPECIAL FROM SSANGYONG BY: STEWART SMITH



THIS is the latest special edition seven-seater from SsangYong which the Korean company says is ideal for business or family motoring.

The Black or White special comes, as you would expect, with distinctive metallic black or white paint job and includes a smart new dark grey interior complete with new style seating.

It is based on the top-of-the-range Turismo ELX with selectable four-wheel drive and these special editions come with a higher specification that includes a seven-speed Mercedes-Benz automatic transmission, cruise control, parking sensors, rear

seating privacy glass, 17-inch diamond cut alloy wheels, roof rails, heated front seats, rain sensing wipers and automatic headlights.

Other special features include a heated steering wheel, Kenwood DAB radio and sat nav.

At over five metres long and with a three-metre wheelbase, the Turismo is larger than a standard sized people carrier, and features an upgraded 2.2 litre Euro 6 diesel engine.

The Turismo provides a spacious interior in which seven adults can travel in comfort with their luggage loaded in the back without having to compromise on

passenger accommodation.

There are three rows of seats as well as the large load space which can be further increased by removing the third row completely. This gives a load carrying capability of between 875 litres with seven adults seated, through to two adults and 3,146 litres of load space.

With its selectable four wheel drive with low ratio the Turismo is especially safe and practical whether towing a caravan, horsebox or boat trailer, or when driving on snow and ice, and has an impressive two tonne towing capacity.

The Black or White models are available from £26,250.

LATEST LOTUS ONLY FOR THE BRAVE

BY: DAVID WHINYATES

IF you've got the urge for a true supercar but can't run to the six figure asking price, Lotus has the answer – for less than half the price of some rivals.

With enough grunt to more than match some of the most exotic Italian and German flying machines the new Lotus Exige Sport 380 is ferociously fast and costs a "mere" £67,900.

Taking the fight straight to £100,000-plus supercars, this new, top-of-the-range model carries over the lessons learnt in the development of last year's Exige Sport 350, but with significant revisions lowering weight, boosting power and enhancing aerodynamics.

According to Lotus, this Exige is "definitely not for the timid" and "offers a pure, undiluted drive".

The Sport 380 is blisteringly fast off the line, dispatching the 0-60mph sprint in a mere 3.5 seconds before reaching a top speed of 178 mph.

This stunning performance comes courtesy of an uprated 3.5-litre, supercharged V6 engine which

generates 375 hp at 6,700 rpm and 410 Nm (302 lb ft) of torque at 5,000 rpm.

And with a dry weight of just 1,066 kg it boasts a potent power-to-weight ratio of 352 hp per tonne. Much of the weight saving has been achieved by extensive use of carbon fibre parts including the front splitter, revised front access panel, new rear wing and rear diffuser surround. In total Lotus engineers have shaved around 30kg off the weight of the Exige 350.

A revised and sophisticated six-speed manual gearbox is fitted as standard with an optional six-speed automatic gearbox with sequential paddle shift becoming available from Spring next year.

The Sport 380 is available as a roadster as standard and as a coupe as an option. Various personalisation options, including a Track Pack, are available.

According to Jean-Marc Gales, CEO of Group Lotus: "The Exige Sport 380 is so good, that it is no longer the best in class, it's now in a class of its own."



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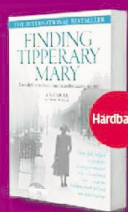
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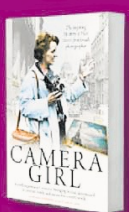
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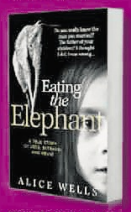
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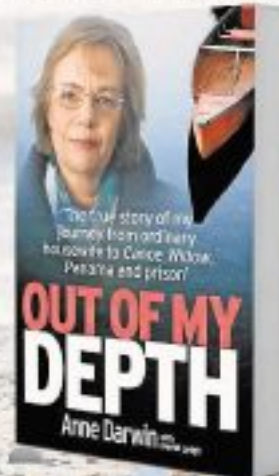
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Drug cheats steal moments as well as the gold medal

DESPITE the obvious handicap of now being retired, Jessica Ennis-Hill is still winning titles, after she was awarded the heptathlon gold medal from the 2011 World Athletics Championships this week.

Ennis-Hill is now a three-time world champion as a result of Tatyana Chernova (who, surprise surprise, is Russian) having her results from August 2011 to July 2013 annulled by the Court of Arbitration for Sport following a doping ban.

One of the greatest athletes Great Britain has ever produced used the disappointment of finishing behind Chernova in Daegu five years ago as motivation for winning

Wright on SPORT

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Olympic gold in 2012. But it must still be infuriating to find out you finished second behind a cheat, who lapped up all their ill-gotten recognition at the time, with the knowledge that they'd gotten away with it.

Better late than never, I guess, but Chernova deciding to break the rules denied Ennis-Hill the chance of

retaining her title from 2009 fair and square and of being centre stage at the medal ceremony. Thankfully for her, she had plenty of moments like this during her glorious career, but there are other athletes that never had another chance who have been robbed in this way.

Other Brits have also benefited from athletics finally attempting to clean itself up, with the women's 4x400m relay team from the 2008 Olympics in Beijing being upgraded to bronze last week.

The quartet of Christine Ohuruogu, Kelly Sotherton, Marilyn Okoro and Nicola Sanders actually finished fifth in their race, but it's since emerged they were



NOT FAIR: Jessica Ennis-Hill was second to drug cheat Tatyana Chernova at the 2011 World Championships

cheated out of a medal by Russia (them again) and Belarus.

While Ohuruogu and Sotherton were able to step onto an Olympic podium, surely the highlight of any athlete's career, at other times, the same can't be said for Okoro and Sanders.

Instead, the lenses of photographers and the eyes of the world were on those that didn't deserve the spotlight.

■ You know it's been a good year for British sport when a cyclist who retained the Tour de France doesn't make it on a bumper 16-strong shortlist for the BBC's Sports Personality of the Year award. Chris Froome has been nominated in the past, of course, and we'll all have our own opinion as to who should and shouldn't be up for it.

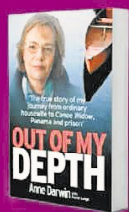
My own personal view is that Jamie Vardy has been

nominated for his story and Kate Richardson-Walsh for her distinguished hockey career as much as for what either achieved individually this year, but there you go.

That being said, surely there's no stopping Andy Murray from winning it for a third time. Some may moan 'not him again,' but there's a competitor who has been consistently brilliant all year - the best in the world, in fact.

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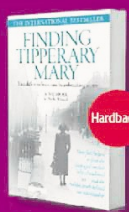
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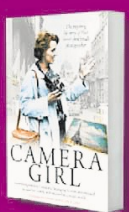
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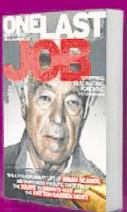
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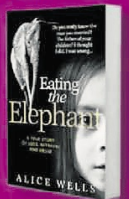
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WE'RE BACK: Luton's players celebrate with the Conference trophy, ending five years in non-league

We were there every step of the way

THERE have been a few low points along the way, but *Luton on Sunday* has been privileged to have been able to cover some memorable moments for Luton Town FC during the last two decades.

The Hatters had a terrific run to the FA Cup semi-finals in 1994, during the

paper's early years (bottom right), where they knocked out Premier League sides Newcastle and West Ham along the way.

No-one will ever forget the day 40,000 Luton fans took over Wembley in witnessing their side stick up two fingers at the Football

League by defeating Scunthorpe 3-2 after extra time in the 2009 Johnstone's Paint Trophy final (bottom left).

Then followed a five-year exile in the Conference, which was finally brought to an end by John Still's swashbuckling side in 2014.



more sport at: luton-dunstable.co.uk

Blues still in the hunt despite goalless draw

FOOTBALL

DUNSTABLE Town shared the points against visiting King's Lynn Town yesterday afternoon as both sides battled to a 0-0 home draw in the Evo Stik Southern League Premier Division.

The Blues came close to taking the lead early on but Linnets goalkeeper Alex Street was equal to it.

The visitors then had a chance of their own with 10 minutes gone but striker Alex Stevenson's effort headed just wide of the target, with neither side threatening for the remainder of the half.

The best chance of the game fell to Vences Bola in the 55th minute, but Street was equal to it, as both sides had to settle for a draw in a hard-fought tie.

The result sees Dunstable in seventh place and still in the hunt for a spot in the play-off places.

In the Evo Stik Southern League Division One Central, Barton Rovers ran riot away to Petersfield Town in a 3-0 win.

Forward Connor Calcutt made it 1-0 in the 29th minute, before completing his brace with 34 minutes on the clock.

Tom Smith made it 3-0 to Rovers with 79 minutes on the clock to complete the rout.

Elsewhere in the division, Arlesey Town took three points at home with a 1-0 win against AFC Dunstable courtesy of Rafe Goodman's first half strike.

Wins for Barton and Dunstable sees both sides remain in the play off hunt, with Barton sitting in fifth while The OD's are in sixth place.

Marriott back in the groove

FOOTBALL

BY JAMES CUNLIFFE

sport@lsnmedia.co.uk



SCORING AGAIN: Jack Marriott's double ended his goal drought

JACK Marriott was relieved to end a two-month goal drought with a brace as Luton scored six second half goals to avoid an FA Cup second round shock against Solihull Moors.

The non-league side took a deserved 2-0 half time lead thanks to a Jamey Osborne double, but the Hatters forward also got assists for two of Town's replies as they scored four in 12 minutes to turn the tie around.

Marriott hit Luton's fourth and sixth to end his wait for a goal, the last of which came on September 24.

He said: "That's the longest I've ever been through and I'm only 22 so I'm still relatively young. It was difficult but I'm out the other end now, I've proved that I can score goals and hopefully that can continue."

Marriott had also been dropped for the last three league games but returned for the visit of Solihull and he admitted: "It has been difficult, but I've continued to do the right things, I've just not had the luck of the draw with getting the goals that I think I should be, but today was a big relief."

The striker could also take comfort in his side's stunning response to a dire start.

"That's the worst first half of football that we've ever played under the gaffer," Marriott said, adding: "It was poor, we all knew that and that's why we came out in the second half so determined to turn it around and emphatically win the game, which we did."

"I think we were absolutely superb in the second half. We moved the ball quickly, we had a cutting edge and we put people clean in."

"It was a joy to play in the second half, but it was just so far from the first half. We needed that, we really did need that."

Danny Hylton and Johnny Mullins drew Luton level but right back Stephen O'Donnell was instrumental in helping the Hatters turn the tide, scoring twice after coming on at half time for James Justin.

"He was superb when he came on," said Marriott, "to get two goals was very impressive from right back. I don't think I've ever seen him (Johan) Cruyff in the box before and then he put it in the bottom corner. Fair play to him, he was really good today."

Town will now await with anticipation Monday evening's third round draw where there's the potential to be drawn against a Premier League giant, who now enter the competition.

Marriott said: "Any of the big teams away would be incredible but, also, we'd like a game that we can win and progress further."



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Town come surging back

FOOTBALL

BY JAMES CUNLIFFE

sport@lsnmedia.co.uk
LUTON TOWN
SOLIHULL MOORS
6
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THERE'S a theory that an infinite number of monkeys sitting at an infinite number of typewriters would eventually reproduce the works of Shakespeare by chance.

But, as a first draft, they might just happen upon a script every bit as bananas as Luton's stonking FA Cup second round win over Solihull Moors.

Drama? Even the Bard would have been impressed because, for 50 minutes, the Hatters were down and out, having done their woeful worst to proverbially slip on the skin of the bendy yellow fruit.

A Jamey Osborne brace put the non-league side in place to be the this stage's giant-killers, deservedly so too as Town finished the first half two goals down and with faces as red as a baboon's backside.

But then six second half strikes, kicked off by four goals in 12 electrifying minutes, meant that out of desperate circumstances they were suddenly king of the swingers.

Beating their chests with the rescue act came Danny Hylton, Johnny Mullins, Stephen O'Donnell (twice) and Jack Marriott (twice).

And, as shocking as they were in the opening period, they were spellbinding after the break. That's the magic of the cup for you.

'Imposters' was how boss Nathan Jones described his team's opening salvo after Solihull took a shock lead in the fifth minute.

"I didn't see the first half coming if I'm hon-



UNLIKELY DOUBLE: Defender Stephen O'Donnell scored two of Luton's six second half goals

est," the manager said, adding: "Because we spoke all week about complacency, about starting well and about imposing ourselves on this team because I felt if we did that we'd win the game.

"Having watched them, I know what threats they've got, but the first half was baffling really. The way we played, the way we went about our work, with no intensity, the things we did, they seemed like they were imposters.

"Then second half we came out and we were scintillating, that was Luton Town second half, I thought we were absolutely outstanding."

Just as well because the boos began early for his side and ramped up once Osborne was allowed to size up a thunderbolt second.

The 2-0 scoreline prompted delirium in the Solihull end, as fans took to adapting Northern Ireland's Will Grigg chant from Euro 2016 for Akashi Asante. True to the lyrics, Town's

defence did look terrified. Without a shot on target or even a corner to their name in the first 45 minutes, the whole team looked shell-shocked.

But, as Jones mentioned, never has the king of football clichés ever been more apt. Out for the second half came the real Hatters and within six minutes the fightback was on. Hylton effortlessly took Marriott's stunning cross-field pass into his stride and slid it low beyond the goalie, for the top scorer's 13th of an increasingly stellar season.

The gloom lifted three minutes later when Mullins stroked home a leveller and his first ever Hatters goal, with all the calm and composure of Town's ace marksman.

The turnaround was complete a mere nine minutes later when Marriott burst from inside his own half and laid off to O'Donnell – a half time substitute for a struggling James Justin – who took one touch to steady himself before burying below Danny Lewis.

But the Hatters owed their fans more after the tragedy of the first act and Marriott supplied it. Hylton returned the favour with an assist and the young striker, without a goal since September 24, beat the offside trap and raced through, slamming home. It was Marriott of old.

The forward could have doubled his tally but was twice denied by Lewis. It would eventually come but not before O'Donnell claimed his own cup brace, almost scuffing into the corner in the final minute.

And with five minutes of time added on Marriott matched his defensive pal's return, drilling low to ensure Luton's place in the hat for when the FA Cup really gets interesting.

They'll do well to ape the thrills and spills of this one, though.

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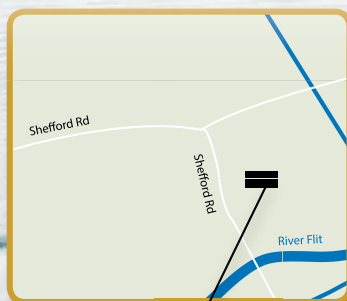


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